

SPRINGFIELD SENIOR CENTER

139 Main Street

Springfield, Vermont 05156

Tel: 802-885-3933

No. 585

www.springfieldseniorcenter.org

April 2016

WEEKLY ACTIVITIES

Mondays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Ceramics
- 10:00 a.m. - Walking in Gym

Tuesdays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Ceramics
- 10:00 a.m. - Strength Training
- 10:00 a.m. - Walking in Gym
- 11:15 a.m. - Line Dancing
- 12:30 p.m. - Pinochle

Wednesdays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Cribbage
- 10:00 a.m. - Walking in Gym
- 1:00 p.m. - SEE SPECIAL EVENTS FOR WEEKLY PROGRAMS

Thursdays

- 8:00 a.m. - Pool and Ping Pong
- 10:00 a.m. - Strength Training
- 10:00 a.m. - Walking in Gym
- 12:00 a.m. - Shuffleboard
- 1:00 p.m. - Knit Wits

Fridays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Senior Songsters
- 11:00 a.m. - Walking in Gym
- 1:00 p.m. - Progressive Whist

SPECIAL EVENTS:

- Apr 4 – Mon 8:30 a.m. - Sign up for Beauport Princess Lobster Bake Luncheon Cruise on Thursday, June 23rd. Cost is \$129 for non-members and \$119 for ACTIVE.
- Apr 5 – Tues - Foot clinic with Rena from Visiting Nurse Hospice of VT/NH. You must call for an appointment. No walk-ins.
1:00 p.m. - Advisory Committee Meets.
- Apr 6 – Wed 1:00 p.m. - Take Me Out to the Ballgame! Yes, it's time for our Spring Training Games here at the Senior Center. Our umpires, Art and Judy Bryant, will be here to keep everyone in line. Join us for an afternoon of laughter!
- Apr 7 – Thurs 1:00 p.m. - Knit Wits Meet in Living Room.
- Apr 8 – Fri 1:00 to 5:00- Indoor yard Sale. Bring your family, friends and neighbors. We will have small appliances, furniture, toys, dishware and so much more! No clothing though. All proceeds from this Yard Sale go towards decreasing the ACTIVE members cost for the Ogunquit Playhouse trip on October 6th.
- Apr 9 – Sat 9:00 to noon - Our Indoor Yard Sale Continues. Join us!
- Apr 13 – Wed 1:00 p.m. - Honor April birthdays with Dale O'Brien.
1:05 p.m. - Nickel Bingo with Roger and Ruth Newhall.

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OFFICE OF THE MANAGER

- Apr 14 – Thurs 11:00 a.m. - to 12:30 p.m. Cooking for One Class by Sooyoung Uhm, RD, LDN, Community Health Team Dietitian sponsored by Springfield Hospital. Limit 10 people. You must call or stop in to sign up for this great class!
- Apr 15 – Fri - Foot clinic with Rena from VNA VT/NH.
- Apr 18 – Mon 8:30 a.m. - Sign up for our large trip to Mackinac Island September 18 – 26, 2016 with a \$200 deposit.
- Apr 19 – Tues - Foot Clinic with Rena VT/NH VNA. You must call for an appointment. Sorry – no walk-ins at Foot Clinic.
- Apr 20 – Wed 1:00 p.m. - Game Day! Our game days have been increasing in participation and we love it! Join us and exercise your brain while enjoying and making friends. Yes, we will have snacks too. Activities Committee is in charge of Game Days!
- Apr 21 – Thurs 1:00 p.m. - Knit Wits meet in Living Room.
- Apr 27 – Wed 1:00 p.m. - Fabulous Auction with the Awesome Auctioneers. You know the ladies will give us an afternoon of laughter! Bring something (\$5.00 value) to be auctioned off by our awesome ladies. Wrap it up in a fun (or pretty) way so no one knows what it is! Then we bid against each other and the fun begins. The proceeds from this Auction go towards decreasing the cost for ACTIVE members on the Ogunquit trip October 6th.

Songsters Note: You will be performing for the Claremont AARP on Thursday, April 14th and will be leaving our Center at 12:30 p.m.

THANKS to... **Pat Graves** for donation of paper products.

MANY THANKS to... **Ruth Newhall** and her crew **Roger Newhall** and **Betty Jo Esty** for serving refreshments during intermission on our Play Day!

AND to... **Carol Peebles, Linda Roys, Gloria Ballantine, Sandi Tarbell, Stanley and Shirley Farrar, Doris Hastings, Linda Wilson, Pat Graves, Kay Mitchell, Earl Bonneau, and Sloane Dawson** for donations of goodies.

SPECIAL THANKS to... **Val Woodbury** and **Don Gray**, our directors for the two plays in February. They spent many hours training the actors (us!) on how to project our voices and where to stand and so much more. We are so grateful to them and now have a greater appreciation for Actors!

ALSO THANKS to... **Pat Graves, Linda Roys** and **Jadwiga Trojanowski** – the actors for the play “Fourteen” AND **Carol Peebles, Judy Bastille, Don Gray, and Terri Emerson** – the actors for “He Said... She Said.”

It's time to vote for Senior of the Year! We will begin our voting April 18th and it will end on April 29th. This is by secret ballot. Former Seniors of the Year will “man the ballot box” between the hours of 9:00 a.m. and 1:00 p.m. each day. Now is the time to begin thinking of members who you think should be recognized for all the work they do for the Senior Center. We have many great members who cover the front desk, volunteer to lead programs and so much more. Remember – you cannot vote for a former Senior of the Year as “Once a Senior of the Year, always a Senior of the Year.”