

# SPRINGFIELD SENIOR CENTER

139 Main Street

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[www.springfieldseniorcenter.org](http://www.springfieldseniorcenter.org)

No. 583

February 2016

## WEEKLY ACTIVITIES

### Mondays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Ceramics
- 10:00 a.m. - Walking in Gym

### Tuesdays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Chair Yoga
- 9:00 a.m. - Ceramics
- 10:00 a.m. - Strength Training
- 10:00 a.m. - Walking in Gym
- 11:15 a.m. - Line Dancing
- 12:30 p.m. - Pinochle

### Wednesdays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Cribbage
- 10:00 a.m. - Walking in Gym
- 1:00 p.m. - SEE SPECIAL EVENTS FOR WEEKLY PROGRAMS

### Thursdays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Chair Yoga
- 10:00 a.m. - Strength Training
- 10:00 a.m. - Walking in Gym
- 12:00 a.m. - Shuffleboard
- 1:00 p.m. - Knit Wits

### Fridays

- 8:00 a.m. - Pool and Ping Pong
- 9:00 a.m. - Senior Songsters
- 11:00 a.m. - Walking in Gym
- 1:00 p.m. - Progressive Whist

## SPECIAL EVENTS:

- Feb 2 – Tues - Foot clinic with Rena from Visiting Nurse Hospice of VT/NH. You must call for an appointment. No walk-ins.
- Feb 3 – Wed 1:00 p.m. - Honor February birthdays with Dale O'Brien.  
1:05 p.m. - Nickel Bingo with Roger Newhall and his lovely assistant, Ruth Newhall.
- Feb 10 – Wed 1:00 p.m. - It's time for another Game Day. Yes, the Activities Committee has more fun games for you to learn. Come in, get out of the cold, and spend the afternoon with friends! Remember, learning something new is good for our brains – keeps them healthy.
- Feb 15 – Mon - CLOSED FOR THE HOLIDAY – President's Day.
- Feb 16 – Tues - Foot clinic with Rena from Visiting Nurse Hospice of VT/NH. You must call for an appointment. No walk-ins.
- Feb 17 – Wed 1:00 p.m. - Happy Valentine's Day! Something different to celebrate Valentine's Day (late). We will perform two short humorous plays! Our directors are Val Woodbury and Don Gray. After the first play there will be a short intermission with refreshments. This gives us time to change the scenery. Refreshment chairperson is Ruth Newhall. The plays are short about 30 minutes each but with lots of laughs. Join us!

Feb 24 – Wed 1:00 p.m. - It's that time again — the time to tell you all about the trips for 2016! Come and learn which trips won and when you can begin signing up for these great trips. Remember, we cannot mail these papers; we don't charge membership dues! You can stop in to pick the packets up any time AFTER THIS MEETING. The trip packets are handed out first to the people who come to the Trip Meeting. This is open to all in the Community. You don't need to be a member, just 21 years of age and over who would like to travel with us rowdy "seasoned" people!

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MANY THANKS to... **Ruth Newhall, Pat & Gordon Marcotte, Ramona Wadleigh, Carol Peebles, Nellie Douglas and Pat Graves** for donating to the "Wish List." I want to say again how wonderful our members are. I put a Wish List on the bulletin board and people donate. This is one of the reasons our town budget for these things has not gone up for YEARS! Our members are family!

CONGRATULATIONS to... Our Fall Cribbage Doubles Winners:

- 1<sup>st</sup> place – **Judy Greene and Barrie Lynch**
- 2<sup>nd</sup> place – **Pat Hardy and Perk Childs**
- 3<sup>rd</sup> place – **Barb Mathews and Dave Forbush**

GREAT THANKS to... **Betty Perkins, Linda Roys, Sandi Tarbell, Linda Wilson and Lorraine Zigman** for undecorating and decorating for the Christmas and New Year's Parties. Again you are all wonderful; I put out a call and boom – you come!

SPECIAL THANKS to... **Shirley Cooper and Daryl Gustafson** for their generous monetary donations.

MANY THANKS to... **Pat and Gordon Marcotte**, co-chairs for refreshments for the Brent Buswell Show, AND to... **Stanley and Shirley Farrar, Linda Wilson, Gerry Noor, Ruth Newhall, Kay Mitchell and Judy Greene**.

RINGING THANKS to... **Linda Wilson**, refreshment chair and her crew **Betty Perkins, Don Gray** and me for serving after the New Year's Party. AND YUMMY THANKS to...**Mary Williams, Wanda Blanchard, Val Woodbury, Jadwiga Trojanowski, Janice Fielder, Gerry Noor, Carol Peebles, Sandi Tarbell, Mary Gray, Stanley & Shirley Farrar, Linda Roys, Terri Emerson and Linda Wilson** for donating all the goodies we enjoyed.

NOTE: I am updating all our membership records. I will be passing out a one-page form for everyone to fill out - easy form. This makes sure we have updated info such as your phone number, your cell and/or email if you have them (this will help during snowstorms to let you know if we close due to weather) and of course an emergency contact in case you are taken ill at the Center. There are two optional questions which are birth date and wedding anniversary date. I keep these lists posted; no, I do not tell your age – just the day and month of birth! Real easy and something we need to keep in the office. Please don't "growl" at me when I hand it to you to fill out. (Smile!) Thank you!

AARP FREE TAX PREPARATION: We are hosting the AARP Free Tax Aide Program again this year. The tax preparers will be here on Mondays and Tuesdays beginning February 1<sup>st</sup>. Sorry, no walk-ins. You need to call to make an appointment. This is for people with low to moderate income, no age limits. You do not need to be an AARP member. You will need to bring proof of identification (picture ID), proof of social security number, birth dates for you, spouse and dependents, all wage/earning statements from employers, Social Security Benefit statement, all 1099 forms, a copy of last year's return if available, property tax bill if you own your own house, Landlord's Certificate if you rent, and also for direct deposit, proof of bank account routing numbers and account numbers (such as a check).